


POKE NO?


CREATE YOUR OWN POKE

Regular \$190



1 base
1 protein
3 toppings
2 final touches
2 sauces

Large \$230



2 bases
2 proteins
4 toppings
3 final touches
2 sauces

BASES



white rice
brown rice
sushi rice
zucchini noodles (K)
cauliflower rice +5 (K)
quinoa +5
ramen noodles +5

PROTEINS



salmon +15
spicy salmon +15
tuna
spicy tuna
shrimp
breaded shrimp
chicken
fried chicken
marinated tofu (V)
beef

Extra: \$50 pesos
Seared protein: +\$10

TOPPINGS



avocado
cucumber
edamames
wakame seaweed
fried onions
cherry tomatoes
soybean sprouts
cream cheese
red cabbage
carrot
corn
mango*
pineapple
crab salad
sautéed chickpeas

Extra: \$15 pesos

FINAL TOUCHES



sesame seeds
chives
ginger
peanuts
sunflower seeds
chile serrano
furikake
cilantro
nori algae
crispy salmon skins
pumpkin seeds
cassava chips
crispy wonton

Extra: \$5 pesos

SAUCES



soy sauce
ponzu
chile soy sauce
eel sauce
teriyaki
macha
chipotle mayo
spicy tamarind
avocado-habanero
wasabi mayo

Extra: \$10 pesos

*seasonal (V) vegan (K) keto



Prices in MXN, taxes included, tip not included

POKE NO?

OUR SIGNATURE POKES

EL CONSENTIDO

\$200 | \$230

White rice, salmon, avocado, mango*, cucumber, crab salad, sesame seeds, chives, ponzu, chipotle mayo

EL PECHUGÓN 🌶️

\$170 | \$200

White rice, chicken, avocado, cream cheese, carrots, fried onions, chile serrano, sesame seeds, teriyaki

EL TROPICOSO 🌶️

\$180 | \$210

White rice, spicy tuna, avocado, cucumber, edamames, pineapple, sunflower seeds, chives, ponzu, spicy tamarind sauce

EL SUAVECITO

\$190 | \$220

White rice, breaded shrimp, avocado, cherry tomatoes, edamames, cream cheese, peanuts, sesame seeds, eel sauce

EL BOWLD ONE 🌶️

\$170 | \$200

White rice, beef, avocado, cream cheese, corn, red cabbage, chiles toreados, cilantro, soya, salsa avocado-habanero

EL POKETO 🍷

\$200 | \$230

Cauliflower rice, tuna, avocado, soybean sprouts, cherry tomatoes, cream cheese, sunflower seeds, sesame seeds, soy sauce, macha

Searced protein: +\$10

*seasonal 🍷 keto



El consentido



El pechugón



El tropicoso



El suavecito



El bowld one



El poketo

Plaza Antigua, av 10 con calle 3 sur



@pokeno.mx



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Prices in MXN, taxes included, tip not included

APPETIZERS

POKE DONUT	\$90
EDAMAMES 	\$70
BREADED SHRIMPS	\$90
FRIED CHICKEN	\$80
CRAB SALAD	\$70



SMOOTHIES \$80

EL TROPICAL
pineapple, banana & chia

EL EXÓTICO
mango, banana & vanilla

EL BERRY MUCHO
red berries & banana

Protein scoop: +\$30

Choose your milk: almond, coconut, dairy-free, water



DRINKS

AGUA DEL DÍA - water with fruit and sugar	\$25
ZOE WATER SPORT	\$25
SODA WATER	\$25
FRESH COCONUT WATER	\$50
COCA COLA - original & light	\$30
KOMBUCHA	\$90
BÚHO NATURAL SODA - passion fruit	\$60
VELVET SODA - lychee, cucumber-lime	\$60
FELIX - raspberry	\$60
IMMUNITY SHOT - ginger, lime, honey	\$30
ESPRESSO	\$35
AMERICANO	\$40
MILK	\$10

DESSERT

ENERGY BALL (KETO) \$45
Dark chocolate 70%,
sunflower seeds, almonds